

COMPARATIVE ANALYSES OF BIOTIC INDICES BASED ON BENTHIC MACROINVERTEBRATES FOR STREAM WATER QUALITY ASSESSMENT AT TROPICAL STREAMS

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ABSTRACT

Biotic indices application to other countries required testing and adaptations to local environments. However, their testing remains lacking in Malaysia. Therefore, this study analysed the performance of various biotic indices, in their sensitivity, responses, and seasonal stability. Fifteen sampling sites composed of reference and disturbed sites were selected and 14 indices were analysed for their performance. These indices include the Ephemeroptera, Plecoptera, and Trichoptera (EPT), Hilsenholzf's Family Biotic Index (FBI), Original Biological Monitoring Work Party (BMWP), Original Average Score Per Taxa (ASPT), Thailand's Biological Monitoring Work Party (BMWP-Thai), Thailand's Average Score Per Taxa (ASPT-Thai), Vietnam's Biological Monitoring Work Party (BMWP-Viet), Vietnam's Average Score Per Taxa (ASPT-Viet), South Africa Score System Version 5 (SASS5), ASPT of South Africa Score System Version 5 (ASPT-SASS5), Stream Invertebrate Grade Number Average Level Version 2 (SIGNA2), and Singapore's Biotic Index (SingScore), Malaysian Biological Monitoring Work Party (BMWP-My), and Malaysian Family Biotic Index (MFBI). Among the tested biotic indices, the EPT, BMWP-Thai, BMWP-Viet, SASS5, and BMWP-My were sensitive in discriminating the reference from disturbed sites. Most indices had significant linear relationships with phosphates, except the ASPT and ASPT-Thai. Meanwhile, EPT, BMWP-Viet, and BMWP-My were also associated with the habitat scores significantly. While only four biotic indices showed significant differences seasonally, the water quality classification between seasons was highly varied. In conclusion, EPT, BMWP-Viet, and BMWP-My showed better performances in discriminating the reference sites from disturbed sites, while associated with both phosphate and habitat score. As the water quality classification was highly varied seasonally, it is recommended to calculate the biotic indices during the dry season.

Keywords: Aquatic macroinvertebrates, bioassessment tools, responsiveness, seasonal variation

ABSTRAK

Penggunaan indeks biotik negara lain memerlukan ujian dan adaptasi kepada persekitaran tempatan. Namun kajian indeks biotik di Malaysia masih berkurangan. Maka, kajian ini

menguji prestasi indeks biotik yang berbeza, dari segi kepekaan, tindak balas terhadap pengaruh tekanan persekitaran, dan kestabilan musim. Sejumlah 15 lokasi sungai merangkumi lokasi rujukan dan lokasi terganggu telah dipilih untuk menganalisis 14 indeks biotik yang dipilih. Indeks yang dikaji termasuk Ephemeroptera, Plecoptera, dan Trichoptera (EPT), *Hilsenhof's Family Biotic Index* (FBI), *Original Biological Monitoring Work Party* (BMWP), *Original Average Score Per Taxa* (ASPT), *Thailand's Biological Monitoring Work Party* (BMWP-Thai), *Thailand's Average Score Per Taxa* (ASPT-Thai), *Vietnam's Biological Monitoring Work Party* (BMWP-Thai), *Vietnam's Average Score Per Taxa* (ASPT-Viet), *South Africa Score System Version 5* (SASS5), *ASPT of South Africa Score System Version 5* (ASPT-SASS5), *Stream Invertebrate Grade Number Average Level Version 2* (SIGNAL2), dan *Singapore's Biotic Index* (SingScore), *Malaysian Biological Monitoring Work Party* (BMWP-My) dan *Malaysian Family Biotic Index* (MFBI). Antara indeks biotik yang diuji ialah EPT, BMWP-Thai, BMWP-Viet, SASS5, dan BMWP-My adalah peka dalam membezakan lokasi rujukan dari lokasi terganggu. Kebanyakan indeks terdapat hubungan linear yang signifikan dengan fosfat, kecuali ASPT dan ASPT-Thai. Sementara itu, EPT, BMWP-Viet, dan BMWP-My indeks berhubung kait yang signifikan dengan skor habitat. Walaupun hanya empat indeks biotik menunjukkan perbezaan yang signifikan antara musim, perubahan pengelasan kualiti air antara musim adalah sangat berbeza. Kesimpulannya, EPT, BMWP-Viet dan BMWP-My menunjukkan prestasi yang lebih baik dalam pembezaan lokasi rujukan dari lokasi terganggu, sementara itu juga berhubungkait dengan perubahan fosfat dan skor habitat. Berdasarkan klasifikasi kualiti air yang sangat pelbagai mengikut musim, adalah disarankan pengiraan biologi berdasarkan indeks biotik dilakukan pada musim kering.

Kata kunci: Makroinvertebrata akuatik, alat penilaian biologi, responsif, variasi musim

INTRODUCTION

Biotic index is a tool developed to assess the water quality of the water bodies based on their biological communities such as fishes, benthic macroinvertebrates, and diatoms (Li et al. 2010; Zolkefli et al. 2020). The main principle for biological assessment is that healthy environment preoccupied with rich communities, while degradation of the environment shifted those communities to those dominated by few pollutant tolerant species. Taxon tolerance values are assigned based on their ability to tolerate the physicochemical changes (Chang et al. 2014; Chessman & McEvoy 1998; Mazzoni et al. 2014). Ultimately, the overall scores calculated based on the collected taxa from a river will reflect the quality of the freshwater environments (Li et al. 2010). Among these commonly used bioindicator groups, the benthic macroinvertebrates were widely studied and applied in bioassessment, as their advantageous features such as ubiquitous distribution, sedentary nature, easy and cheap to sample, and a wide spectrum of responses towards pollution (Barbour et al. 1999; Hauer & Resh 2007; Ochieng et al. 2019; Serrano Balderas et al. 2016).

Water quality assessment in Malaysia is mainly focusing on conventional physicochemical methods. The Water Quality Index (WQI) includes six parameters: pH, dissolved oxygen, biochemical oxygen demand (BOD5), chemical oxygen demand (COD), total suspended solids (TSS) and ammonia nitrogen to assess the water quality status of the stream and rivers in Malaysia (Arsad et al. 2012; Naubi et al. 2016; Zainudin 2010). The water quality biomonitoring and management in Malaysia is more focus on their values in human usage. This sole usage of physicochemical assessment provides a snapshot of the condition when the samples were taken. Whereas bioassessment provides a more efficient

and lower cost compared to traditional water quality assessment (Elias et al. 2014). Direct assess and monitor the biological variables are capable of providing valuable information in water resources management, restoration programs and freshwater conservation (Carlson et al. 2018; Heino et al. 2003; Larsen 1997; Li et al. 2010).

In general, studies in Malaysia had directly applied the temperate biotic indices includes the FBI, BMWP and ASPT to assess the water quality based on freshwater macroinvertebrates (Azmi & Geok 2016; Harun & Fikri 2016; Mahazar et al. 2013; Tan & Beh 2015). These studies focused on the human impacts on freshwater communities while evaluating water quality status using the biotic indices. Tan and Beh (2015) had found the direct implementation of temperate biotic indices to be related to WQI. Yet implementation of these temperate biotic indices may raise the question of their precision and accuracy, due to the geographical difference the taxa available (Elias et al. 2014).

Numerous studies had been focused on the comparisons and performance of biotic indices in evaluating the water quality and organic pollution (Etemi et al. 2020; Ghani et al. 2018; Ochieng et al. 2020; Sandin & Johnson 2000; Semenchenko & Moroz 2005). Furthermore, the scoring systems were commonly being adopted and modified to reflect local taxa for their river quality assessment (Huong 2009; Mustow 2002). Study in evaluating their performances in assessing the Malaysia water quality status and their responses to different stressor types were limited. Currently, two studies (Ghani et al. 2018; Tan & Beh 2015) had found the biotic indices to be correlated to Malaysia's WQI. Moreover, tolerance scores were assigned for benthic macroinvertebrates at Pahang River Basin, Malaysia, which could be used to calculate the Malaysian Family Biotic Index (MFBI) and Malaysian Biological Monitoring Work Party (BMWP-My) (Ghani 2016).

The optimal bioassessment tools would be developed based on local taxa by assigning appropriate tolerance scores. However, large numbers of samples are required to produce sufficient results statistically. Therefore, evaluating the performance of other region's indices may be useful especially in developing countries, where biological monitoring is still in the early stage. Therefore, this study was aimed to analyse the performance of various biotic indices, in the aspect of index sensitivity, seasonal stability, and responses towards environmental stressor, for the water quality assessment of Malaysia's streams.

MATERIAL AND METHODS

Study Area

The sampling areas located at Ranau-Telupid districts, Sabah, Malaysia which covers the area after Kundasang (Ranau Town) until the Terusan Sapi area. The main rivers at Ranau-Telupid districts include the Liwagu River, Sugut River, Labuk River, and Sapi River. The climate in these areas generally describes as hot and wet, considered as tropical rainforest climate, with an approximate average of 27°C temperature and 85% humidity throughout the year (Murtedza et al. 2002). Annual rainfall is generally greater than 2,000 mm and well distributed over the Ranau area (Murtedza et al. 2002).

Various land-use activities occurred at Ranau and Telupid area. The Liwagu river is at risk of water quality degradation due to intensive agriculture, tourism activities, and human settlements (Murtedza et al. 2002) located at Kundasang. Meanwhile, the Ranau area undergoes landscape changes due to logging activities, pulp mill, mining activities, and human settlements (Choo 2003; Murtedza et al. 2002). Part of Sugut River at Ranau was

affected by the Mamut Copper mine. The area between Ranau and Telupid had less intensive agricultural activities, including paddy fields, hill rice, fruit orchards that were mostly cultivated by adjacent rural communities (Murtedza et al. 2002). Meanwhile, the Telupid area had an increasing conversion of land-use, from small scall agriculture to intensive monocultures, especially the oil palm plantations (Choo 2003; Murtedza et al. 2002).

A total of 15 sampling sites were selected from those areas, based on the type of land-uses surrounding the streams (Figure 1). Each of the sampling sites or reaches consisted of 100 meters reach. Seven reference sites (Tergorek, Kananapon, Bayaan, Moroli, Valanut, Matupang, and Paginatan) with the least human disturbances (near the village) were selected from the rural area. The remaining sampling sites were considered as disturbed sites due to the various human activities along the streams. Two sites at Liwagu stream were at the Ranau Town, located downstream of intensive agriculture of Kundasang area. One site, Kituntul located in Ranau town, surrounded by human settlements with patches of crops. Lastly, the Lohan site was surrounded by rural human settlement, though this stream was affected by the mining activities located in the upstream area. The remaining four sampling sites at Telupid namely the Telupid, Toniting, Bangau-Bangau, and Kibut, were had large scale oil palm plantations on both sides of the riparian area.

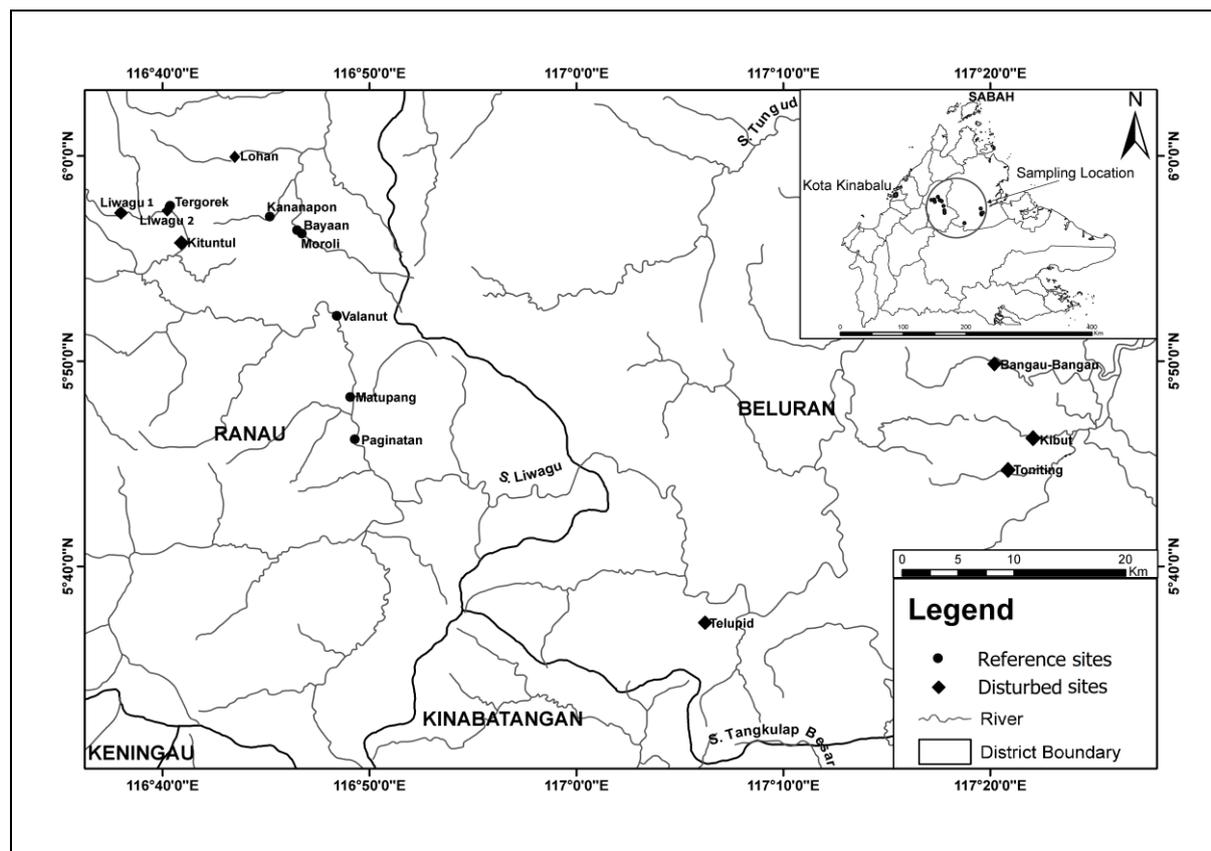


Figure 1. The selected sampling sites (reference and disturbed sites) at Ranau-Telupid, Sabah

For investigating the seasonal variation of biotic indices, the samplings were conducted during the dry season (May to September) and during the wet season (November to April) (Harun et al. 2015).

Environmental Variables

Three readings of the *in-situ* water quality parameters were recorded along the 100m stream reach using the YSI Pro-plus multiparameter water quality meter, YSI ProDSS Multiparameter Water Quality Meter, and CyberScan pH 300 Series pH Meter. These parameters include pH, water temperature (°C), dissolved oxygen (mg/L), and conductivity (µS/cm). Additional *ex-situ* water quality parameters such as total suspended solids, nitrate, phosphate, and ammonia nitrogen were measured based on the three water samples collected using the pre-rinsed 300ml high-density polyethylene (HDPE) bottles. The water samples were stored in the cooler box (6°C) to be analysed for the total suspended solids using the gravitational method (Abdullah 2012). Meanwhile, the phosphate (ascorbic acid method), nitrate (Cadmium Reduction Method) and ammonia nitrogen (Salicylate Method) were measured using the HACH 900 Calorimeter.

Meanwhile, the habitat quality was conducted based on the visual habitat assessment of the United State Environmental Protection Agency (USEPA) Rapid Bioassessment Protocol (Barbour et al. 1999). This assessment evaluating the habitat and riparian attributes of the selected sampling sites based on ten parameters, in order to provide an overall habitat score.

Samplings of Benthic Macroinvertebrates

The benthic macroinvertebrates were collected based on the multi-habitat approach of Rapid Bioassessment Protocols (Barbour et al. 1999), which is the stratified sampling of 20 different habitats. These habitats included riffles, runs, pools, leaf litters, and submerged roots. Benthic macroinvertebrates were sampled by disturbing the substrates or jabbing with Surber net with the sample frame of 0.3 x 0.3 m (12 x 12 inch). At riffles and runs, the sampled were taken by placing the net perpendicular to the current flow and the substrates inside the 0.3 x 0.3 m frame were disturbed for one minute. The surface of the larger substrate was brushed in front of the net with hands to dislodge the attached macroinvertebrates. After removed the large substrates, the remaining substrates were disturbed to detach the remaining benthic macroinvertebrates into the Surber net. For the pool area, the substrates were kicked while water was swept to collect the floating materials into the nets. The process of kicking and sweeping was repeated for one minute (Gillies et al. 2009). The submerged root from the bank was sampled by jabbing the roots to dislodge the benthic macroinvertebrates into the net. The submerged leaf litter was sampled by collecting the leaf from an area of approximately 0.09 m². The 20 samples were pooled into one composite sample and sorted on the field in a white enamel pan. Sorted benthic macroinvertebrates were preserved in 95% ethanol and identified mostly family level using the identification keys from Morse et al. (1994), Ng et al. (2017) and Yule & Yong (2004).

Data Analyses

For this study, 14 biotic indices were calculated: Ephemeroptera, Plecoptera, and Trichoptera (EPT) index (Hazelton 2003; Smith et al. 2015), Hilsenhoff's Family Biotic Index (FBI) (Hilsenhoff 1988), Original Biological Monitoring Work Party (BMWP) (Armitage et al. 1983), Original Average Score Per Taxa (ASPT) (Armitage et al. 1983), Thailand's Biological Monitoring Work Party (BMWP-Thai) (Mustow 2002), Thailand's Average Score Per Taxa (ASPT-Thai) (Mustow 2002), Vietnam's Biological Monitoring Work Party (BMWP-Thai) (Huong 2009), Vietnam's Average Score Per Taxa (ASPT-Viet) (Huong 2009), South Africa Score System Version 5 (SASS5) (Dickens & Graham 2002), ASPT of South Africa Score System Version 5 (ASPT-SASS5) (Dickens & Graham 2002), Stream Invertebrate Grade Number Average Level Version 2 (SIGNAL2) (Chessman 2003),

Singapore's Biotic Index (SingScore) (Blakely et al. 2014), Malaysian Family Biotic Index (MFBI), and Malaysian Biological Monitoring Work Party (BMWP-My) (Ghani 2016; Zakaria & Mohamed 2019). All these biotic indices were calculated using family taxonomic data, except for a few others group such as Oligochaeta in higher taxonomic level. Table 1 summarized the water quality classification of the biotic indices.

Table 1. Water quality classification of the biotic indices

Classes	Excellent (E)	Good (G)	Fair (F)	Poor (P)			
SingScore	>120	100-119	80-99	0-79			
Classes	Very Good (VG)	Good (G)	Moderate (M)	Poor (P)	Bad (B)		
BMWP*	>100	71-100	41-70	11-40	0-10		
ASPT*	>8.0	6.1-8.0	5.1-6.0	3.1-5.0	<3.0		
SIGNAL	>6.0	5.0-6.0	4.0-5.0	3.0-4.0	<3.0		
SASS5	>165	137-165	108-136	79-107	<79		
ASPT-SASS5	≥9.0	8.2-9.0	7.4-8.2	6.6-7.4	<6.6		
MFBI	>5.9	4.5-5.8	3.8-4.4	2.7-3.7	<2.7		
Classes	Excellent (E)	Very Good (VG)	Good (G)	Fair (F)	Fair poor (FP)	Poor (P)	Very Poor (VP)
FBI	0.00-3.75	3.76-4.25	4.26-5.00	5.01-5.75	5.76-6.50	6.51-7.25	7.26-10.00

*BMWP-Thai, BMWP-Viet, ASPT-Thai, ASPT-Viet, and BMWP-My followed original BMWP and ASPT classification. Source: Hilsenhof (1988); Armitage (1983); Hoang (2009); Zakaria & Mohamed (2019)

The sensitivity of the biotic indices was evaluated by comparing their values between the reference and disturbed sites using both the Mann-Whitney U test and box plot. The box plot visualized the 25th percentile, median, and 75th percentiles value, where no overlap of the box plot indicates the ability of the biotic indices to discriminate the reference sites from disturbed sites (Barbour et al. 1999). In addition, the Mann-Whitney test was used to test the significant differences of the biotic indices between dry and wet seasons. Finally, Spearman correlation was used to analyze the linear response of biotic indices towards environmental variables. The box plots, Mann-Whitney test, and Spearman correlations were done by using IBM SPSS Version 20.

RESULTS

Benthic Macroinvertebrates

A total of 80 families were identified from the 13,419 individuals of benthic macroinvertebrates. The most dominant macroinvertebrate group was the Ephemeroptera (49.88%), which consisted of almost half of the total individuals (Figure 2). The second abundant group was Diptera (17.74%), followed by Trichoptera (10.43%) and Coleoptera (7.35%). Among the benthic macroinvertebrate groups, the least abundance was the Polychaeta (0.02%), which consisted of three individuals. For the non-insect of macroinvertebrate group, Gastropoda was abundant and composed 2.76% of the whole

samples. This was followed by Decapoda (composed of aquatic shrimps and crabs) that contributed 1.48% of the total individuals.

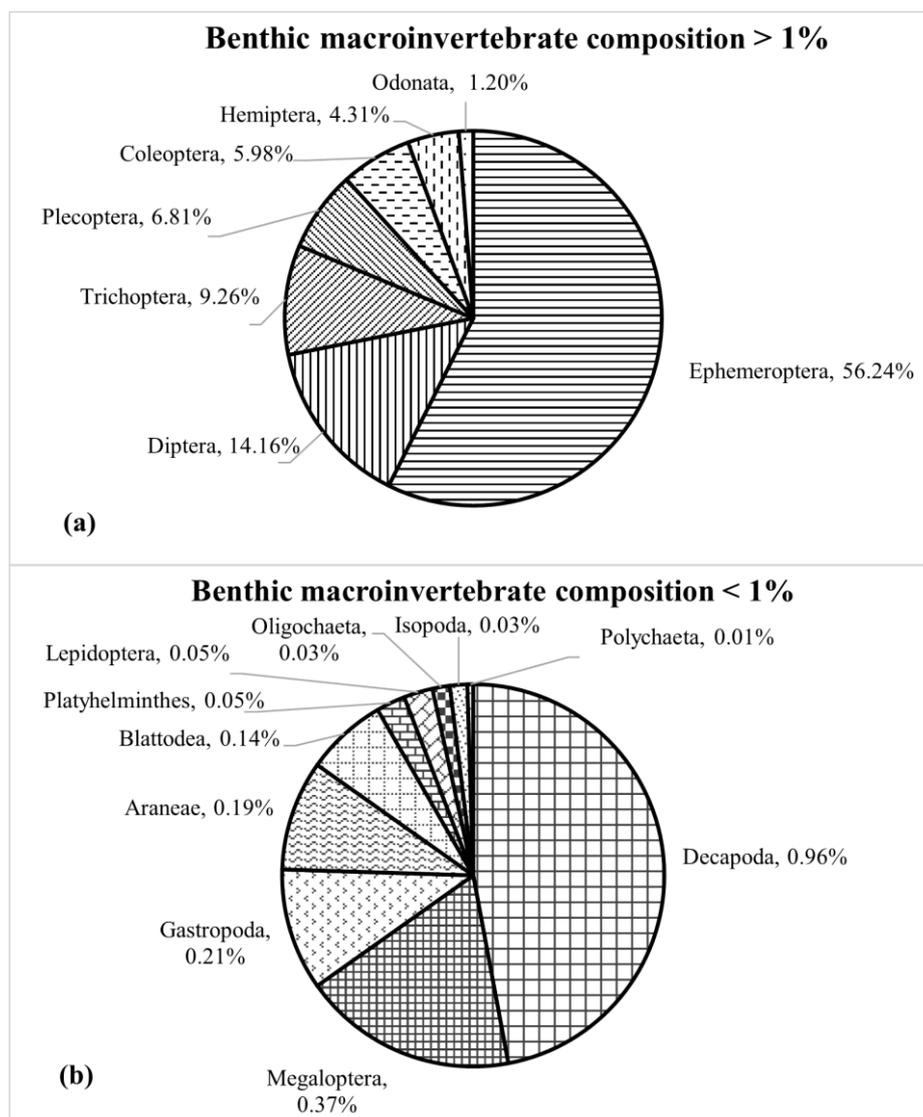


Figure 2. Major groups of benthic macroinvertebrates with (a) composition >1% and (b) composition <1%

The Sensitivity of the Biotic Indices

The sensitivity of the biotic indices was explored using the boxplot. The non-overlap of the boxplot interquartile between reference and disturbed sites showed their capability to discriminate between reference and disturbed sites. Only five out of the 14 indices showed to be sensitive enough to discriminate between the reference and disturbed sites (Figure 3).

Non-overlap indices included the EPT, BMWP-Thai, BMWP-Viet, SASS5, and BMWP-My, as shown in Figure 3(a-e). Meanwhile, the five indices (BMWP, ASPT, ASPT-Viet, SingScore, and ASPT-SASS5) shown a certain degree of overlap between the boxes of reference and disturbed sites, as shown in Figure 3(f-j). The Figure 3(k-n) showed that FBI, ASPT-Thai, SIGNAL2, and MFBI had the least sensitivity due to the high overlaps of the interquartile boxes between reference and disturbed sites.

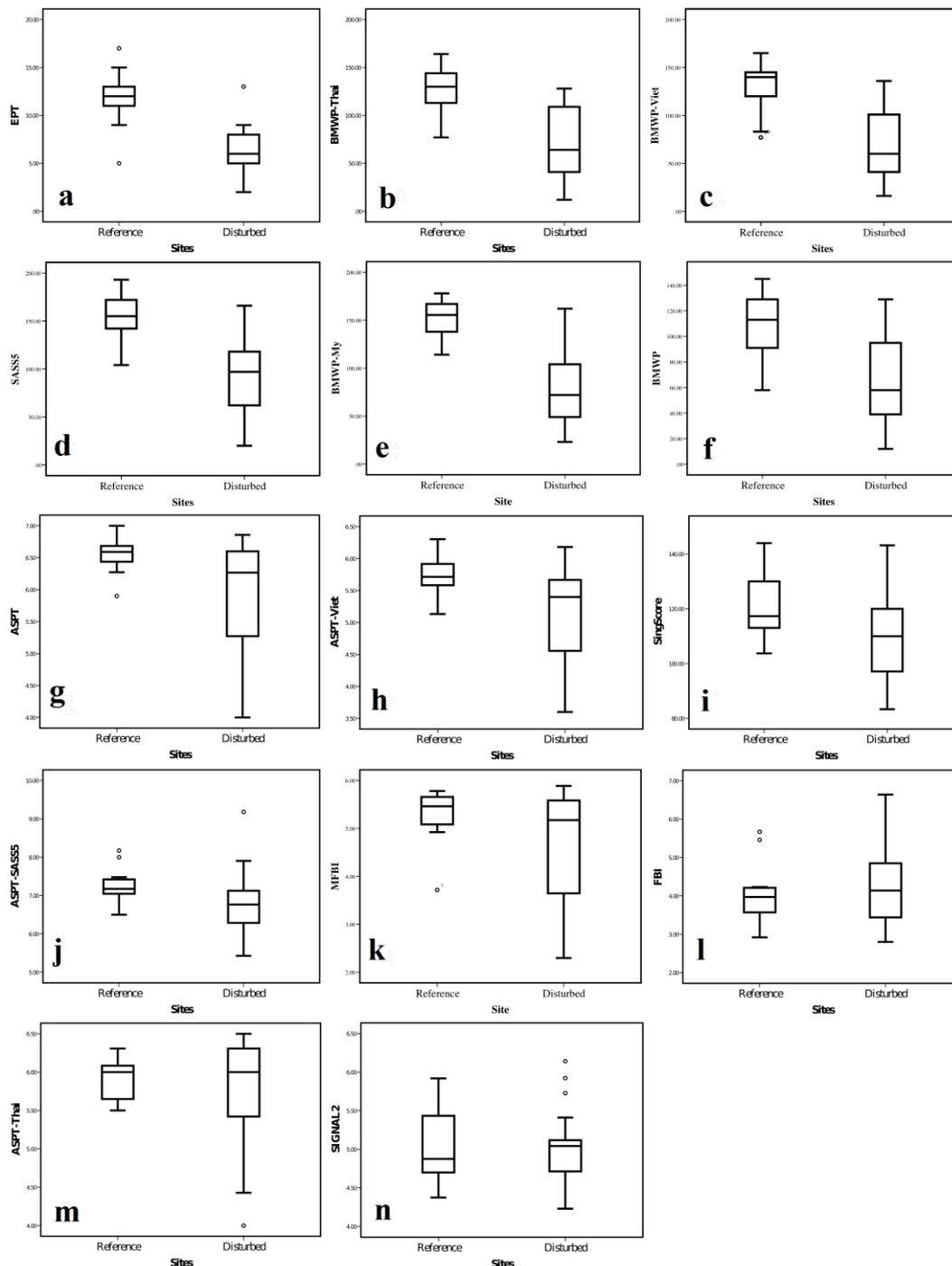


Figure 3. Non-overlap (a-e) and overlap (f-n) box plots of biotic indices between reference and disturbed sites. Boxes are interquartile ranges (25th percentile to 75th percentile); horizontal lines within the boxes are the median values; vertical lines are 1.5× the interquartile range; circles are outlier (values >1.5× the interquartile range)

Responses of Biotic Indices to Environmental Variables

The biotic indices were analysed with Spearman correlations for their responses towards the measured nine environmental variables (Table 2). Conventionally, correlation coefficient with more than 0.7 shows strong correlation, between 0.40 to 0.69 shows moderate correlation, while weak correlation has correlation coefficient less than 0.39 (Mukaka 2012;

Schober et al. 2018). Two biotic indices, the ASPT and ASPT-Thai have no significant relationship ($p > 0.05$) with any measured environmental variables. Meanwhile, the remaining twelve biotic indices also showed no significant relationship with water temperatures, dissolved oxygen, conductivity, pH, nitrate, ammonia nitrogen, and total suspended solids.

Eleven biotic indices showed significant correlations ($p < 0.05$) with the phosphate concentration. These included the EPT ($r = -0.481$), BMWP ($r = -0.449$), BMWP-Thai ($r = -0.453$), BMWP-Viet ($r = -0.493$), ASPT-Viet ($r = -0.548$), SingScore ($r = -0.457$), SIGNAL2 ($r = -0.392$), SASS5 ($r = -0.462$), ASPT-SASS5 ($r = -0.553$), and BMWP-My ($r = -0.474$) that showed moderate negative relationships with phosphate. High values of the biotic indices often indicate better water quality. As such, the increase of phosphate concentration would decrease the water quality and affecting the biological communities. Contrastly, the FBI had different scoring system, where lower value of the FBI indicates a better water quality. Therefore, it showed a positive weak correlation ($r = 0.357$) with phosphate. Meanwhile, the ASPT, ASPT-Thai, and MFBI showed no significant correlation with phosphate.

Lastly, both EPT ($r = 0.530$), and BMWP-My ($r = -0.433$) showed moderate positive correlations with the total habitat scores. This show that stream habitat quality is associated with water quality, as indicates by the increase in the biotic indices values. Meanwhile, the BMWP-Viet had significant weak relationships ($r = 0.370$) with the total habitat scores.

Table 2. Spearman's correlation between biotic indices and environmental variables

Biotic Indices	Temperature (°C)	Dissolved Oxygen (mg/L)	Conductivity (µS/cm)	pH	Phosphate (mg/L)	Nitrate (mg/L)	Ammonia nitrogen (mg/L)	Total Suspended Solids (mg/L)	Habitat scores
EPT	-0.142	-0.097	-0.219	-0.041	-0.481**	-0.332	-0.068	-0.257	0.530**
FBI	-0.178	-0.130	0.069	-0.123	0.357*	0.167	0.328	0.298	-0.130
BMWP	-0.028	0.151	-0.293	-0.082	-0.449**	-0.115	-0.246	-0.212	0.262
ASPT	0.233	0.010	0.161	-0.053	-0.309	-0.261	0.011	-0.087	0.063
BMWP-Thai	-0.025	0.088	-0.313	-0.089	-0.453**	-0.188	-0.147	-0.193	0.311
ASPT-Thai	0.208	0.230	0.072	0.051	-0.289	0.016	-0.078	-0.265	-0.088
BMWP-Viet	-0.055	-0.015	-0.297	-0.110	-0.493**	-0.239	-0.148	-0.214	0.370*
ASPT-Viet	0.036	0.151	-0.119	-0.039	-0.548**	-0.184	-0.255	-0.307	0.245
SingScore	-0.248	0.155	-0.083	0.222	-0.457**	-0.077	-0.160	-0.222	0.220
SIGNAL2	-0.009	0.051	0.142	0.272	-0.392*	0.013	-0.095	-0.293	-0.013
SASS5	-0.044	-0.059	-0.253	-0.105	-0.462**	-0.168	-0.066	-0.147	0.343
ASPT-SASS5	-0.006	-0.062	-0.110	-0.051	-0.553**	-0.187	-0.041	-0.167	0.347
MFBI	0.083	0.153	-0.072	-0.038	-0.210	-0.348	0.076	-0.054	0.176
BMWP-My	-0.011	-0.044	-0.294	-0.185	-0.474**	-0.227	-0.151	-0.144	0.433*

Seasonal Performance and Water Quality Classification

The biotic indices were tested with Mann-Whitney U test, revealed that only BMWP (U=52.5; p=0.015), BMWP-Thai (U=65; p=0.049), SingScore (U=31.5; p=0.001), and SIGNAL2 (U=53; p=0.014) showed significant differences between dry and wet seasons. Most biotic indices showed varied classification seasonally, though dry season tends to produce better water quality classification (Figure 3). Better water quality classification during the dry season by all biotic indices ranged from two to seven sites. Most indices classified wet season with better water quality (varied from one to four sites), except BMWP, BMWP-Thai, SASS5, and BMWP-My index. Also, water quality classification based on ASPT type indices (ASPT, ASPT-Thai, ASPT-Viet, and ASPT-SASS5) gave lower classes when compared with BMWP types indices (BMWP, BMWP-Thai, BMWP-Viet, and SASS5).

The water quality classification based on biotic indices were summarized in Table 3. No sampling site with Very Good (VG) water quality when assessed using ASPT type indices. On the other hand, reference sites had Very Good (VG) to Good (G) based on BMWP type index classification during the dry season, although the water quality classes were lowered during the wet season.

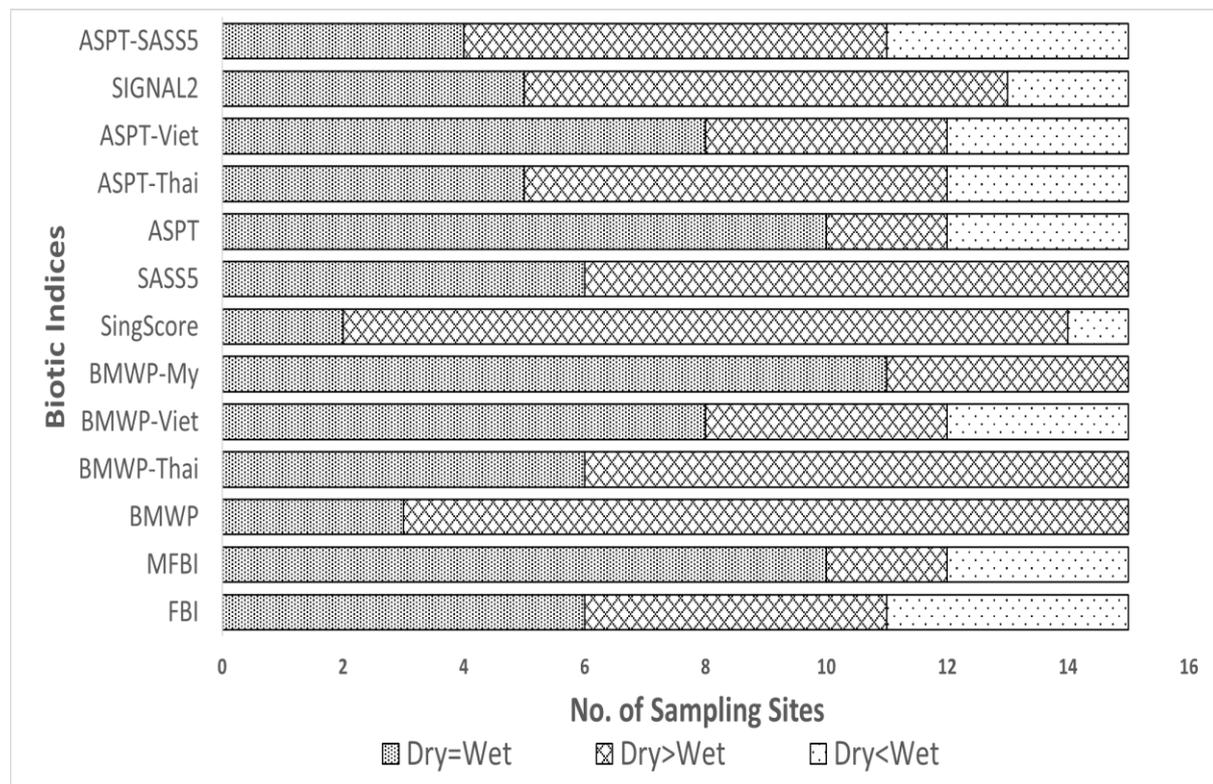


Figure 3. Number of sampling sites with equal (dry=wet), better (dry>wet) or lower (dry<wet) water quality classification between dry and wet seasons

Table 3. Comparison of Water Quality Classification Based on Biotic Indices between Dry and Wet Seasons (In Brackets). Excellent (E), Very Good (VG), Good (G), Moderate (M), Fair (F), Fair Poor (FP), Poor (P), Bad (B)

Sampling sites	Reference							Disturbed							
	Tergorek	Kananapon	Bayaan	Moroli	Valanut	Paginatan	Matupang	Liwagu 1	Liwagu 2	Kituntul	Lohan	Telupid	Toniting	Bangu-Bangu	Kibut
FBI	G(VG)	VG(E)	E(E)	E(E)	VG(VG)	VG(VG)	F(VG)	F(G)	G(FP)	G(P)	F(G)	E(VG)	E(E)	E(VG)	E(E)
SingScore	E(G)	E(G)	E(G)	E(G)	E(G)	E(G)	E(G)	E(F)	G(G)	G(F)	F(E)	E(G)	E(F)	G(F)	G(G)
BMWP	VG(M)	VG(G)	VG(M)	VG(G)	VG(VG)	VG(VG)	VG(M)	M(P)	P(P)	M(P)	M(P)	VG(G)	G(M)	G(M)	VG(M)
BMWP-Thai	VG(G)	VG(G)	VG(G)	VG(VG)	VG(VG)	VG(VG)	VG(G)	M(P)	P(P)	M(P)	M(M)	VG(VG)	VG(G)	VG(M)	VG(G)
BMWP-Viet	VG(G)	VG(VG)	VG(G)	VG(VG)	VG(VG)	VG(VG)	VG(VG)	M(P)	P(P)	M(M)	M(M)	VG(VG)	VG(G)	VG(M)	G(G)
SASS5	VG(P)	VG(G)	VG(P)	VG(G)	VG(G)	VG(G)	G(G)	B(B)	B(B)	B(P)	P(P)	G(M)	M(M)	G(P)	P(P)
ASPT	G(M)	G(G)	G(G)	G(G)	G(G)	G(G)	G(G)	M(P)	P(G)	M(M)	M(G)	G(G)	G(G)	M(G)	G(G)
ASPT-Thai	G(M)	G(M)	G(M)	G(G)	G(M)	M(M)	G(M)	M(P)	P(G)	M(M)	P(M)	G(G)	G(G)	M(G)	G(M)
ASPT-Viet	M(M)	G(M)	G(M)	G(M)	M(M)	M(M)	M(M)	M(P)	P(M)	P(P)	P(M)	M(G)	M(M)	M(M)	M(M)
ASPT-SASS5	M(B)	M(P)	M(P)	M(P)	M(B)	P(P)	P(P)	P(B)	B(P)	B(P)	B(VG)	P(P)	P(P)	P(B)	B(P)
SIGNAL2	G(M)	G(M)	G(M)	G(M)	G(M)	G(M)	G(M)	VG(M)	M(G)	M(G)	G(G)	G(G)	G(G)	M(M)	M(M)
MFBI	G(G)	G(G)	G(G)	G(G)	G(G)	G(G)	P(G)	P(M)	M(B)	G(B)	P(G)	G(G)	G(G)	G(G)	G(G)
BMWP-My	VG(VG)	VG(VG)	VG(VG)	VG(VG)	VG(VG)	VG(VG)	VG(VG)	P(P)	P(P)	M(M)	G(M)	VG(VG)	VG(G)	VG(M)	VG(G)

DISCUSSION

The robustness of biotic indices depended on their sensitivity, responses towards stressors, seasonal variability, and applicability in other regions. The sensitivity of the indices had been tested as the discriminatory power of the biotic indices in distinguishing between reference and disturbed sites (Barbour et al. 1996; Barbour et al. 1999; Sandin & Johnson 2000). This is important in preventing misclassification of water quality status due to over or underestimation. Biotic indices include the EPT, BMWP-Thai, BMWP-Viet, SASS5, and BMWP-My showed high sensitivity in separating the reference and disturbed sites (Figure 2). The BMWP, ASPT, ASPT-Viet, SingsScore, ASPT-SASS5 indices showed slightly lower sensitivity. Meanwhile, the FBI, ASPT-Thai, SIGNAL2, and MFBI indices were least sensitive, due to their distribution between reference and disturbed sites were largely overlapping.

Research on the biotic indices responses to stressors provides better understandings of the biotic-stressor relationships for effectively identify the cause of water quality degradation. Most of the biotic indices (except ASPT and ASPT-Thai) in this study showed negative responses to phosphate concentration. Excessive phosphate or phosphorus in freshwater is one of the major causes of nutrient pollution caused by non-point source runoff from agricultural and urban land-use (Davis et al. 2018; Xia et al. 2020). Also, the phosphorus concentration in freshwater was found to be one of the major stressors in structuring the macroinvertebrates communities in land-use watersheds (Zhang et al. 2012). Furthermore, biotic indices also found to be significantly correlated to the nutrient concentration, as documented in the past literature (Bae et al. 2011; Chessman 2003; Visinskiene & Bernotiene 2012)

Biotic index tolerance scores are generally assigned to detect organic pollution (Armitage et al. 1983; Hilsenhoff 1988). As the biotic indices calculated based on benthic macroinvertebrates, these indices might as well reflect the physical habitat condition of the freshwater environment. For instance, the Qualitative Habitat Evaluation Index (QHEI) was found to be correlated with the FBI, percentage of EPT, and taxa richness in a rural stream assessment (Gazendam et al. 2011). In this study, the EPT, BMWP-Viet, and BMWP-My indices also showed significant responses to the habitat scores, where better habitat quality leads to higher biotic index values. Local habitat quality involving the in-stream physical attributes and riparian buffer characteristics plays important roles in the distribution of benthic macroinvertebrates (Heatherly II & Whiles 2007; Maul et al. 2004; Moraes et al. 2014). Effects of hydromorphology were proven to contribute to the macroinvertebrate distribution (Lorenz et al. 2004; Zelnik & Muc 2020), together with the change in chemical properties as multiple stressors (Friberg et al. 2009; Shi et al. 2019).

In this study, EPT, BMWP-Viet, and BMWP-My performed better in discriminating the reference from disturbed sites and significantly associated with habitat quality and nutrient gradient. Lower taxonomic level of EPT index using the species richness had been used in North Carolina since 1970s together with other biotic indices for biological and water quality assessments (Lenat 1993; Lenat 1996). The EPT index was known to respond to nutrient enrichment (Fitzpatrick et al. 2001; Wagenhoff et al. 2016; Wallace et al. 1996). Besides, the EPT index was reported to be more powerful in detecting the impact of eutrophication or organic enrichment (Sandin & Johnson 2000). Furthermore, physical habitat factors were found to be more influential than the water quality factors in the EPT distribution of tropical headwater streams (Ferreira et al. 2014). This study results were

similar as the EPT index showed higher correlation coefficient to habitat scores than phosphate concentrations. Although the EPT index used in this study were based on the family richness of the three sensitive insect groups, it remains useful as a biotic index.

BMWP-Viet had significant higher association to phosphate concentrations ($r=-0.493^{**}$, $p<0.01$) while weakly related to habitat scores ($r=0.370^*$, $p<0.05$). This may be explained by BMWP-Viet's tolerance scores were based on the original BMWP and other taxa were reassigned based on organic pollution in Vietnam streams (Huong 2009). Coincide with the study conducted by Ghani et al. (2018), the BMWP-Viet also showed better performance, as having similar and closely related classification based on the WQI.

Only one of the Malaysian biotic indices, the BMWP-My performed well in terms of sensitivity, responsiveness and seasonal stability. The BMWP-My had similar performance when compared to BMWP-Viet, where it is sensitive in discriminating reference from disturbed sites, responses to phosphate and habitat scores, as well as no significant differences between dry and wet seasons. The seasonal water quality classification of BMWP-My also only showed differences where dry seasons had better water quality classification than the wet season. Zakaria & Mohamed (2019) also concluded that BMWP-My was the most suitable index, comparing to BMWP, BMWP-Thai, and SingScore.

Surprisingly, the other two indices (SingScore and BMWP-Thai) from neighbour countries had less performance. SingScore index performance may be due to their designation of tolerance score based on urban stressors (Blakely et al. 2014), whereas no urban site was sampled for this study. BMWP-Thai and BMWP-Viet were both modified based on original tolerance scores of BWMP. The BMWP-Thai was not stable seasonally, as well as not responded towards the habitat scores. Higher tolerance scores of families such as Viviparidae Palaemonidae, Caenagrionidae, Corduliidae, and Libellulidae in BMWP-Thai may lead to higher water quality classification in disturbed sites. Compared to BMWP-Viet, BMWP-Thai also had lesser taxa assigned with tolerances scores.

Meanwhile, the FBI index performed poorly in terms of sensitivity, responsiveness, and seasonal variations. FBI's poor performances had been reported in Malaysia streams (Ghani et al. 2018). However, contrast finding of the FBI was reported by Arman et al. (2019), with consistent water quality classification and response to various chemical and physical habitat variables. Similarly, the MFBI, another index that incorporates relative abundances in its calculation also performed poorly. Previous findings at Pahang River Basin showed that the MFBI had better performance than another Malaysian biotic index, the BMWP-My (Ghani 2016). It is possible that not fixating the number of individuals for the benthic macroinvertebrates samples may affect the performance of this type of index.

Seasonal variation in biotic indices is often problematic as it confounds the comparison between multiple years and seasons (Stark & Philips 2009). The ability to conduct the bioassessment using the biotic indices at any time of the year is a desirable feature, as there is less time constraint in taking the biological samples. According to Zamora-Munoz et al. (1995), the significant seasonal variation of the biotic indices was more related to pollution instead of seasonality. However, seasonal variation of the biotic indices could also be influenced by the life cycles of benthic macroinvertebrates and the flow variability (Hilsenhoff 1988; Ridzuan et al. 2020; Stark & Philips 2009). In this study, even though only four indices: BMWP, BMWP-Thai, SingScore, and SIGNAL2 ($p<0.05$) shown statistical differences between dry and wet seasons, the water quality classification based on

the biotic indices were much more varied. Based on the water quality classification of the biotic indices, the ASPT, BMWP-Viet, ASPT-Viet, and BMWP-My provided more consistent classification between dry and wet seasons (Figure 3). These illustrated the bioassessment based on biotic indices of different seasons prompt to confound the result interpretation for water quality monitoring and river management.

Despite only three biotic indices shown statistical differences between dry and wet season, seasonal variation in their water quality classification remained a problem. The obtained results were based on two data sets sampled once in each season. Thus, monthly variation should be tested in the future, to provide a better understanding of the seasonal factor on the performance of biotic indices. Another potential solution is to conduct sampling during the based flow condition of the dry season (Buss et al. 2015; Helson & Williams 2013) as anthropogenic impacts were more detectable to avoid other factors such as flood events and dilution effects (Baker et al. 2016; Kilonzo et al. 2014). Alternatively, the water quality rating could be modified and calibrated the biotic index upper and lowest threshold based on local disturbances. In addition, the water quality thresholds could be set seasonally.

CONCLUSION

Among the 14 tested biotic indices, EPT, BMWP-Viet, and BMWP-My showed better performance in terms of sensitivity and responses towards human disturbances. However, even these indices are subjected to seasonal variation, resulting in inconsistent water quality classification, which is one of the common criticisms regarding the biotic indices. As such, it is recommended to better perform the bioassessment using the biotic indices during the dry season, to avoid the problematic interpretation of biotic indices caused by seasonal variation. Finally, knowing the local performance of the foreign biotic indices would provide empirical data for any future biomonitoring program using benthic macroinvertebrate in the Malaysia river system.

ACKNOWLEDGEMENTS

This study was funded by the Fundamental Research Grant Scheme (FRGS-FRG0397-STWN-2/2014). We also appreciated the assists provided by the Institute for Tropical Biology and Conservation (ITBC) of Universiti Malaysia Sabah. Thanks also go to the Water Research Unit of Universiti Malaysia Sabah for kindly lending their water quality equipment during the final stage of samplings.

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